



## Specimen Requirements

### Polycystic Ovarian Syndrome Panel

TESTS	SPECIMEN	VACUTAINER TUBE	STORAGE TEMP	SHIPPING TEMP
<ul style="list-style-type: none"> <li>• DHEA-S</li> <li>• Total Testosterone</li> <li>• Free Testosterone (coming soon)</li> <li>• Luteinizing Hormone (LH) Follicle Stimulating</li> <li>• Hormones (FSH)</li> <li>• Prolactin</li> <li>• Sex Hormone Binding Globulin (SHBG)</li> <li>• Fasting Insulin + 3 hour *</li> <li>• Fasting Glucose + 3hour *</li> <li>• Comprehensive Metabolic Panel</li> </ul>	Serum	<b>Tiger SST</b> or <b>Red</b> spin & separate	Refrigerate 2-8° C	Ambient
<ul style="list-style-type: none"> <li>• Hemoglobin A1c%</li> <li>• CBC w/ auto Diff</li> </ul>	Whole Blood	<b>Lavender</b>	Ambient	Ambient

\* NOTE: Fasting +3 hour after drinking 75 grams glucose syrup